



## Spring 2017 Program Descriptions- NEW PARTICIPANTS!

### **SPECIAL EVENTS**

#### **Movie Watch**

Location: Teddy's Activity Center

Cost: \$10

Join us for a movie on the big screen in Teddy's Activity Center with your friends. We will provide pizza and popcorn for everyone! This is time to relax and hang out with friends.

#### **Open Gym**

Location: Teddy's Activity Center

Cost: \$10

Come hangout in Teddy's Activity Center. Enjoy the bounce house, basketball, tennis, music and dancing! Dinner will be provided.

#### **Valentine's Day Party**

Location: Eck Rec Center

Cost: \$10

Join us on Valentine's Day to celebrate how much we love our friends! Dinner will be provided.

### **COOKING & NUTRITION**

This semester during cooking we will be trying new foods! Join us as we make fun and exciting meals while learning about nutrition. Each class, participants will learn about different cuisines from around the world focusing on a new country each class. We will make a popular dish to eat that reflects the country's culture and resources. For the nutritional aspect, we will focus on healthy substitutes to our favorite meals. We are incorporating a fitness aspect to highlight the importance of health and nutrition by doing a dance or exercise from the country of focus. Some of the countries we will explore: Mexico, Italy, France, and Ireland.

Location: Eck Rec Center

Cost: (\$10 per class)

### **ART CLASS**

We are changing it up in Art this semester! Join us for our new Art Class that allows each participant to express themselves in different ways and explore and develop their individual creativity. In Art we will use all different mediums to develop creativity and take pride in our unique abilities. We will be painting, drawing, trying photography, using clay, watercolors, craft-making and more. Exposure to a wide variety of mediums will help participants discover their passion and be able to better express themselves!

Location: Eck Rec Center

Cost: (\$5 per class)

### **GAME TIME**

Whether it's a board game, Bingo, card game, outdoor relay game, Charades, or homemade Hannah and Friends games, come and join in for an hour of guaranteed fun! This is a perfect opportunity for socialization and a chance to practice good sportsmanship and teamwork!

Location: Eck Rec Center

Cost: (\$5 per session)

\*\* If you are signing up for Game Time and Music and Movement, feel free to stay between classes!

### **MUSIC & MOVEMENT**

It's time to move and groove with Ms. Jetta! Jetta, from Jetta and the Jelly Beans, will lead you in an hour of joyful musical adventure each week! Jetta has performed for years in the area entertaining people who are young at heart. It doesn't

matter if you are six, sixteen, or sixty, you will be jumping, jamming, and jiving with Jetta! Guaranteed to be an hour of musical magic, energetic movement, and fun-filled delight. Come join in the fun!

Ms. Jetta will be incorporating some exciting new elements to Music & Movement including: collaborative song writing, learning about different genres of music, and using our bodies to tell the story of a song. All of these elements will be added to our existing format of music and movement. At the end of the semester the class will entertain you with a grand finale on Friday, May 20<sup>th</sup> for all families to see what the class has accomplished. Yes, that's right; the Music & Movement class is going to put on a show for you!

Location: Teddy's Activity Center

Cost: (\$5 per session)

\*\*\*We cannot do drop-in classes because this is a performance based class that is preparing for the Fall Showcase.

### **PARTY PALS - CO-ED MOVIE/GAME NIGHT – AGES 18+**

This game night is dedicated for adults who want to spend time in fun activities with others in their age group. Movies, games, and pizza will be shared. This is a great way to build lasting friendships – reach out and make a new friend.

Location: Eck Rec Center

Cost: (\$10 per class)

### **GIRLS NIGHT**

Enjoy a monthly get together for gals only! This will be the perfect opportunity to gather together to gab, paint nails, watch a classic movie, listen to music, play a game, and share a meal. The possibilities are endless ... just a great evening of fun with the girls! These evenings will provide a perfect opportunity to learn and practice appropriate behaviors for social situations with their peers and local student volunteers.

Location: Eck Rec Center

Cost: (\$10 per session)

### **ANIMAL CLUB**

Animal Club provides a unique opportunity for children and adults with special needs to interact with, feed and build relationships with the animals. Participants will water, feed, and groom the animals. Animals provide a constant source of comfort and focus for attention. Animals bring out our nurturing instinct and they also make us feel safe and unconditionally accepted! Come join Barn Managers Mandy and Meghan as they teach us about the animals here at Hannah and Friends!

Location: Archer Family Equine Center

Cost: (\$5 per class)

### **CO-ED BASKETBALL**

We are offering co-ed basketball practices to help promote physical activity and wellness all while sharpening up skills on the court. This is a great way to keep active, practice good sportsmanship, and learn the meaning of teamwork!

Location: Teddy's Activity Center

Cost: (\$5 per class)

### **KARAOKE – AGES 13+**

Join us for an evening of karaoke! Karaoke nights provide an atmosphere of social interaction. It is an opportunity to help the participants become aware of their feelings and the natural world around them by stimulating their imagination and any nervous energy can be lost in the flow of the music. Pizza and drinks will be served.

Location: Eck Rec Center

Cost: (\$10 per session)

### **DANCES – AGES 13+**

Join your friends for monthly dance parties at Hannah & Friends! All dances are located in the Eck Rec Center.

Location: Eck Rec Center

Cost: (\$10 per dance)

RETURN COMPLETED FORM TO:

HANNAH & FRIENDS NEIGHBORHOOD  
51250 Hollyhock Road  
South Bend, IN 46637



### Program Participant Information

**Last** \_\_\_\_\_ **First** \_\_\_\_\_ **Date of Birth** \_\_\_\_\_

**Parent/Guardian's Name** \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Home Phone \_\_\_\_\_ Work \_\_\_\_\_

Cell \_\_\_\_\_ Email \_\_\_\_\_

Emergency Contact Name \_\_\_\_\_ Phone \_\_\_\_\_

Emergency Contact Name \_\_\_\_\_ Phone \_\_\_\_\_

Physician \_\_\_\_\_ Phone \_\_\_\_\_

Allergies \_\_\_\_\_

Medical Diagnoses \_\_\_\_\_

Medications & Dosage \_\_\_\_\_

Food Restrictions \_\_\_\_\_

Special Needs \_\_\_\_\_

Circle one:      AMBULATORY    WHEELCHAIR/SELF-PROPELLED    WHEELCHAIR W/ASSISTANCE    SCOOTER

Circle one:      FEEDS SELF    NEEDS ASSISTANCE W/FEEDING    USES FEEDING TUBE    NO LIQUIDS    THICKENED LIQUIDS

Circle one:      TOILETS SELF      NEEDS ASSISTANCE WITH TOILETING

Circle one:      IS FINE IN A GROUP SETTING                  NEEDS 1-1 ASSISTANCE

If your child needs 1-1 Assistance, will you be sending someone to accompany: YES    NO

Circle ALL risks that apply:      CHOKING    FALLING    SEIZURE    ELOPEMENT (LEAVING AREA W/OUT PERMISSION)

Behavioral concerns: \_\_\_\_\_

Other Notes: \_\_\_\_\_

Referred to Hannah & Friends by: \_\_\_\_\_

Hannah & Friends families can receive 10% off program registration for one semester, for each family they refer to H&F!!

I give permission for Hannah & Friends to seek emergency medical treatment if deemed necessary.

Printed Name \_\_\_\_\_ Signature \_\_\_\_\_ Date \_\_\_\_\_

# SPRING 2017

## PROGRAMS AND ACTIVITIES FOR RETURNING PARTICIPANTS

<b>Movie Watch</b> 1/17/2017 Location: Teddy's Activity Center, Time: 5:30-7:30	\$10	<input type="checkbox"/>
<b>Open Gym</b> 1/25/2017 Location: Teddy's Activity Center, Time: 5:30-7:30	\$10	<input type="checkbox"/>
<b>Valentine's Day Party</b> 2/14/2017 Location: Teddy's Activity Center, Time: 5:30-7:30	\$10	<input type="checkbox"/>
<b>Cooking &amp; Nutrition</b> (Mondays) Location: Eck Rec Center (\$10 per class) 3/6, 3/20, 4/3, 4/17, 5/1, 5/15	\$60	<input type="checkbox"/>
<b>Art Class</b> (Mondays) Location: Eck Rec Center (\$5 per class) 3/13, 3/27, 4/10, 4/24, 5/8	\$25	<input type="checkbox"/>
<b>Game Time</b> (Tuesdays) Location: Eck Rec Center (\$5 per class) 3/7-5/16	\$55	<input type="checkbox"/>
<b>Music &amp; Movement</b> (Tuesdays) Location: Eck Rec Center (\$5 per class) 3/7-5/16	\$55	<input type="checkbox"/>
<b>Girls Night</b> (Wednesdays) Location: Eck Rec Center (\$10 per session) 3/15, 4/19, 5/17	\$30	<input type="checkbox"/>
<b>Party Pals</b> (Wednesdays) Location: Eck Rec Center (\$10 per session) 3/1, 4/5, 5/3	\$30	<input type="checkbox"/>
<b>Animal Club</b> (Thursdays) Location: Archer Family Equine Center (\$5 per class) 4/6-5/18	\$35	<input type="checkbox"/>
<b>Co-ed Basketball</b> (Thursdays) Location: Teddy's Activity Center (\$5 per class) 3/2-5/18	\$60	<input type="checkbox"/>
<b>Karaoke</b> (Fridays) Location: Eck Rec Center (\$10 per session) 1/27, 2/24, 3/24, 4/28, 5/26	\$50	<input type="checkbox"/>
<b>Dances</b> (Saturdays) Location: Eck Rec Center (\$10 per session) 1/14, 2/11, 3/11, 4/15, 5/13	\$50	<input type="checkbox"/>

### PAYMENT INFORMATION

TOTAL



PLEASE APPLY THIS TO OUR GRANT

I HAVE ENCLOSED A CHECK FOR \$ \_\_\_\_\_. (PLEASE MAKE PAYABLE TO HANNAH & FRIENDS NEIGHBORHOOD)

PLEASE CHARGE MY CREDIT CARD

VISA

MASTERCARD

AMEX

DISCOVER

CARD # \_\_\_\_\_ EXPIRATION DATE \_\_\_\_\_

PRINT \_\_\_\_\_ SIGNATURE \_\_\_\_\_

TO PAY WITH CREDIT CARD THROUGH PAYPAL PLEASE VISIT [WWW.HANNAHANDFRIENDS.ORG](http://WWW.HANNAHANDFRIENDS.ORG)

# Hannah & Friends Waiver and Release

I and / or We (collectively "I"), \_\_\_\_\_, as legal guardian and representative for \_\_\_\_\_ ("Participant"), and \_\_\_\_\_, individually as the Participant, have requested that Participant participate in various activities associated with Hannah & Friends Neighborhood Inc. and Hannah and Friends, Inc. (collectively, "Hannah & Friends"). These activities include without limitation: 2016 Programs and Activities (1/01/2017-12/31/2017) this includes Winter Camp, Spring Break Camp, Summer Camp, Summer Clubs, Music & Movement, Cooking, Art, Book Club, Crafts, Drums Alive, Animal Club, Girls' Night, Guys' Night, Choir, Zumba, Game Time, Karaoke, Dances, Wagon Rides, Day Program and other programs/activities taking place at 51250 Hollyhock Road South Bend, IN 46637 or as part of Hannah & Friends events. I understand and acknowledge that Participant is not required to participate in the above-referenced activities and that such participation is wholly voluntary.

In consideration of and for Participant's participation in the activities, the receipt and sufficiency of such consideration is hereby acknowledged, I hereby agree as follows:

- Individually and on behalf of Participant, I release and forever discharge the NFP and its employees, agents, servants, officers, directors, trustees, and representatives (in their official and individual capacities) from any and all liability whatsoever for any and all damages, losses or injuries (including death) to persons or property or both, including but not limited to any claims, demands, actions, causes of action, damages, costs, expenses and / or attorney fees, which arise out of, or occur during, or result from Participant's participation in the Activities.
- Individually and on behalf of Participant, I hereby indemnify, defend and hold harmless the NFP and its employees, agents, servants, officers, directors, trustees, and representatives (in their official and individual capacities) from any and all liability whatsoever for any and all damages, losses or injuries (including death) to persons or property or both, including but not limited to any claims, demands, actions, causes of action, damages, costs, expenses and / or attorney fees, which arise out of, or occur during, or result from Participant's participation in the Activities.
- I agree that this Waiver, Release and Indemnification Agreement is intended to be as broad and inclusive as permitted by the laws of the State of Indiana, and that if any portion hereof is held invalid, the balance hereof shall, notwithstanding, continue in full legal force and effect.
- I hereby acknowledge and accept that there are certain risks, including bodily injury and death that could result from participation in the aforementioned Activities. I have knowingly and voluntarily decided to assume the risk of these inherent dangers in consideration of the NFP's permission to allow participation in such activities.
- I give permission for the NFP to seek emergency medical treatment if deemed necessary
- In signing this Waiver, Release and Indemnification Agreement, I hereby acknowledge and represent that I have read this entire document, that I understand its terms and provisions, that by signing it I am giving up substantial legal rights and those of my the Participant, and that I have signed it knowingly and voluntarily.

Participant name (printed): \_\_\_\_\_

Parent/Guardian name (printed): \_\_\_\_\_

*(if participant is under age 18)*

Signature: \_\_\_\_\_ Date: \_\_\_\_\_

*(Legal parent or guardian if participant is under age 18)*

## Hannah & Friends Photo and Artwork Release

I hereby give permission to Hannah & Friends Neighborhood, Inc and Hannah and Friends, Inc (collectively, "Hannah & Friends") to use my/my child's name, likeness, image, voice, and/or appearance as such may be embodied in any pictures, photos, video recordings, audiotapes, digital images, and the like, taken or made on behalf of Hannah & Friend. I agree that Hannah & Friends has complete ownership of such pictures, etc., including the entire copyright, and may use them for any purpose consistent with the Hannah & Friends mission. These uses include, but are not limited to illustrations, bulletins, exhibitions, videotapes, reprints, reproductions, publications, advertisements, and any promotional or educational materials in any medium now known or later developed, including the Internet. I acknowledge that I will not receive any compensation, etc for the use of such pictures, etc., and hereby release Hannah & Friends and its agents and assigns from any and all claims which arise out of or are in any way connected with such use.

I give my consent to Hannah & Friends to use my name and likeness to promote the program, its fiscal agent, and/or their activities.

I hereby give permission to Hannah & Friends to reproduce my/my child's artwork, and to use such artwork to make derivative work.

I agree that Hannah & Friends may, in its sole discretion use my/my child's artwork, images of this artwork, or any derivative work created there from for the purpose of raising funds for Hannah & Friends and related causes, and I understand that my child (nor I, if signing as a guardian) will not be entitled to receive any compensation or other benefit for such use. I hereby release Hannah & Friends from any claim of any kind which may arise from the use of such artwork.

I agree that Hannah & Friends may use, reproduce, and/or publish images and/or video that may pertain to me/my child – including my/my child's image, likeness and/or voice without compensation. I understand that this material may be used in various publications for any lawful purpose, which can include publicity, illustration, advertising, and Web content. I also consent that my/my child's name may be revealed therein or by descriptive text or commentary.

I have read and understand the above:

Participant name (printed): \_\_\_\_\_

Parent/Guardian name (printed): \_\_\_\_\_  
(if participant is under age 18)

Signature: \_\_\_\_\_ Date: \_\_\_\_\_  
(Legal parent or guardian if participant is under age 18)