



51250 Hollyhock Road South Bend, IN 46637 www.hannahandfriends.org

#### Dear Parents,

We have had a great summer session of Day Program and camps! Thank you to everyone who participated in activities this summer. Enclosed are the details for our upcoming programs and activities for Fall 2017. Please read through the notes below and take a look at the program descriptions to see what fun and educational activities are being offered this session.

Space is limited in each program, so we ask that you please submit your registration form and payment as soon as possible to secure a spot. Programs will be filled on a first come, first serve basis. For questions about availability, please contact Kayle. Note, this session we are putting a minimum amount of participants for each program. We are requiring that each program have at least 5 participants signed up. We will let you know one week prior if we have not met the minimum required. This allows us to maximize our resources.

All participants must be registered for a program in order to attend. Programs have size restrictions and in order for us to adequately staff each activity, we must know who is attending ahead of time. We ask that you please fill out and submit the Registration Packet, along with your payment, prior to the start of programs.

In order to ensure the safety of our program participants, we require that individuals who need 1-on-1 assistance to please come with a guardian or aide. We also ask that all parents and/or staff come and sign their loved one in at the start of each class. If your participant is unable to attend a program, we ask that you call at least 24 hours in advanced to receive reimbursement.

#### **REGISTRATION CHECKLIST:**

- \_\_\_\_\_ Program Participant Information Sheet
- \_\_\_\_\_ Fall Program Sheet
- \_\_\_\_\_ Waiver (2 pages)
- \_\_\_\_\_ Payment

\*ALL participants must please sign an updated waiver form each year.

If you have any questions or concerns, please feel welcome to contact us at <u>kayle@hannahandfriends.org</u> or 574-217-7860 x1.

Sincerely,

Kayle Sexton Director of Operations <u>kayle@hannahandfriends.org</u> Jennifer Weis Director of Finance Jennifer@hannahandfriends.org





51250 Hollyhock Road South Bend, IN 46637 www.hannahandfriends.org Dear Parents,

We promote a healthy and safe environment at Hannah & Friends Neighborhood. We want all participants and their families to feel secure. There are three major activities that take place on our grounds excluding the residential homes which are run by Mosaic. We have evening activities including dances, karaoke, and many more that are held throughout the year. We have our summer camp that is held exclusively in the summer. We have our new Day Programs which we began in June which will run throughout the year. We are very excited about all of these activities and see expansion when our new Activity Center is built.

We have a clear policy on "bullying" for the protection of all participants, workers, and volunteers. Simply stated it reads

"Hannah & Friends Neighborhood has a three strikes rule when it comes to bullying and bad behavior. The first time this happens, the individual will be written up and the family will be notified of the infraction. The second time this happens, the individual will be written up and the family will be contacted to come pick him/her up not returning for any activities the rest of the day. Both the participant and the family will be informed that a third infraction will lead to dismissal from all programs at Hannah & Friends Neighborhood. There is only one exception. If at any time, an infraction is serious, the individual can be dismissed immediately."

This policy exists to protect everyone and support our mission where those with "Different Abilities" can have a neighborhood where they are treated truly special.

Warm Regards,

Maura Weis



### Fall 2017 Program Descriptions

#### **COOKING & NUTRITION**

This semester during cooking we will be trying new foods! Join us as we make fun and exciting meals while learning about nutrition. Each class, participants will learn about different cuisines from around the world focusing on a new country each class. We will make a popular dish to eat that reflects the country's culture and resources. For the nutritional aspect, we will focus on healthy substitutes to our favorite meals. We are incorporating a fitness aspect to highlight the importance of health and nutrition by doing a dance or exercise from the country of focus. Location: Eck Rec Center Cost: \$70 (\$10 per class) Dates: Mondays 5:30-7:30pm (9/18, 10/2, 10/16, 10/30, 11/13, 11/27, 12/11)

#### ART CLASS

We are changing it up in Art this semester! Join us for our new Art Class that allows each participant to express themselves in different ways and explore and develop their individual creativity. In Art we will use all different mediums to develop creativity and take pride in our unique abilities. We will be painting, drawing, trying photography, using clay, watercolors, craft-making and more. Exposure to a wide variety of mediums will help participants discover their passion and be able to better express themselves! Location: Eck Rec Center

Cost: \$35 (\$5 per class)

Dates: Mondays 6:00-7:00pm (9/11, 9/25, 10/9, 10/23, 11/6, 11/20, 12/4)

#### GAME TIME

Whether it's a board game, Bingo, card game, outdoor relay game, Charades, or homemade Hannah and Friends games, come and join in for an hour of guaranteed fun! This is a perfect opportunity for socialization and a chance to practice good sportsmanship and teamwork!

Location: Eck Rec Center

Cost: \$70 (\$5 per session)

<u>Dates:</u> Tuesdays 4:30pm – 5:30pm (9/5, 9/12, 9/19, 9/26, 10/3, 10/10, 10/17, 10/24, 10/31, 11/7, 11/14, 11/28, 12/5, 12/12) \* If you are signing up for Game Time and Music and Movement, feel free to stay between classes!

\*\* 11/21 NO GAME TIME- THANKSGIVING POTLUCK!

#### MUSIC & MOVEMENT

It's time to move and groove with Ms. Jetta! Jetta, from Jetta and the Jelly Beans, will lead you in an hour of joyful musical adventure each week! Jetta has performed for years in the area entertaining people who are young at heart. It doesn't matter if you are six, sixteen, or sixty, you will be jumping, jamming, and jiving with Jetta! Guaranteed to be an hour of musical magic, energetic movement, and fun-filled delight. Come join in the fun!

Ms. Jetta will be incorporating some exciting new elements to Music & Movement including: collaborative song writing, learning about different genres of music, and using our bodies to tell the story of a song. All of these elements will be added to our existing format of music and movement. At the end of the 15 weeks the class will entertain you with a grand finale on Friday, December 15<sup>th</sup> for all families to see what the class has accomplished. Yes, that's right; the Music & Movement class is going to put on a show for you! Additionally, the Music & Movement class will provide entertainment at our fall fundraiser -details to follow.

Location: Eck Rec Center

Cost: \$70 (\$5 per session)

Dates: Tuesdays 6:00pm – 7:00pm (9/5, 9/12, 9/19, 9/26, 10/3, 10/10, 10/17, 10/24, 10/31, 11/7, 11/14, 11/28, 12/5, 12/12) \*We cannot do drop-in classes because this is a performance based class that is preparing for the Fall Showcase. \*\*11/21 NO MUSIC & MOVEMENT- THANKSGIVING POTLUCK!

#### PARTY PALS-AGES 18+

This game night is dedicated for adults who want to spend time in fun activities with others in their age group. This is a great way to build lasting friendships – reach out and make a new friend.

<u>Location:</u> Eck Rec Center <u>Cost:</u> \$40 (\$10 per class) <u>Dates:</u> Wednesdays 5:30pm – 7:30pm (9/27, 10/25, 11/29, 12/13)

#### **GIRLS NIGHT**

Enjoy a monthly get together for gals only! This will be the perfect opportunity to gather together to gab, paint nails, watch a classic movie, listen to music, play a game, and share a meal. The possibilities are endless ... just a great evening of fun with the girls! These evenings will provide a perfect opportunity to learn and practice appropriate behaviors for social situations with their peers and local student volunteers.

<u>Location:</u> Eck Rec Center <u>Cost:</u> \$40 (\$10 per session) <u>Dates:</u> Wednesdays 5:30-7:30pm (9/13, 10/11, 11/8, 12/6)

#### **ANIMAL CLUB**

Animal Club provides a unique opportunity for children and adults with special needs to interact with, feed and build relationships with the animals. Participants will water, feed, and groom the animals. Animals provide a constant source of comfort and focus for attention. Animals bring out our nurturing instinct and they also make us feel safe and unconditionally accepted! Come join Barn Managers Mandy and Meghan as they teaches us about the animals here at Hannah and Friends! \*\*If you are interested in private grooming and therapy sessions with the animals, please contact

kayle@hannahandfriends.org or 574-217-7860 x5 for scheduling.

Location: Archer Family Equine Center

<u>Cost:</u> \$40 (\$5 per class)

Dates: Thursdays 4:30pm - 5:30pm (9/7, 9/14, 9/21, 9/28, 10/5, 10/12, 10/19, 10/26)

#### CO-ED BASKETBALL

We are offering co-ed basketball practices to help promote physical activity and wellness all while sharpening up skills on the court. This is a great way to keep active, practice good sportsmanship, and learn the meaning of teamwork! <u>Location</u>: Teddy's Activity Center <u>Cost</u>: \$65 (\$5 per class) <u>Dates</u>: Thursdays 6:00pm – 7:00pm (9/7, 9/14, 9/21, 9/28, 10/5, 10/12, 10/19, 10/26, 11/2, 11/9, 11/16, 11/30, 12/8)

#### KARAOKE - AGES 13+

Join us for an evening of karaoke! Karaoke nights provide an atmosphere of social interaction. It is an opportunity to help the participants become aware of their feelings and the natural world around them by stimulating their imagination and any nervous energy can be lost in the flow of the music. Pizza and drinks will be served. <u>Location</u>: Eck Rec Center <u>Cost</u>: \$40 (\$10 per session) <u>Dates</u>: Fridays 5:30pm – 7:30pm (9/22, 10/20, 11/17, 12/8)

\*The 10/20 Karaoke is a Halloween Karaoke! Wear costumes!

#### DANCES-AGES 13+

Join your friends for monthly dance parties at Hannah & Friends! All dances are located in the Eck Rec Center. <u>Location</u>: Eck Rec Center <u>Cost</u>: \$40 (\$10 per dance) <u>Dates</u>: Saturdays 5:30pm – 7:30pm (8/26, 10/7, 11/11, 12/2)

\*The dance on 8/26 will be a "Bring a Friend" theme! Bring your neighbor, bestie or sibling!

### **Important Dates**

#### END OF SUMMER COOKOUT – SUNDAY, AUGUST 27<sup>TH</sup> 12-2 P.M.

We would love to show our appreciation to our fantastic donors and celebrate the amazing summer we have had. We cannot do that without you! We hope you join us! Lunch will be provided! Entertainment by Music & Movement and Guitar 101.

#### THANKSGIVING POTLUCK – THURSDAY, NOVEMBER 19<sup>™</sup> 5:30-7 p.m.

We will be having our annual Thanksgiving Potluck for residents, participants and families on Thursday, November 19<sup>th</sup> at 5:30pm. More details regarding what to bring and RSVPs will be sent out closer to the event. Due to the large turnout last year we will be putting a cap on the number of RSVPs we accept. We hope that your family will be able to join us!

#### FALL SHOWCASE – THURSDAY, DECEMBER 14<sup>TH</sup> 5:30-7 P.M.

This year we will be having a fall showcase at the culmination of our fall programs. It will be an opportunity for our participants to showcase what they have done in programs over the last several weeks. Cooking class will have samples of their creations, the crafts and art classes will display their work, and the music and movement class will have a performance. It will be a great end to the semester! More details will be sent out closer to the date!

#### WINTER CAMP – JANUARY 3<sup>RD</sup>,4<sup>TH</sup> AND 5TH 5:30-7 P.M.

Looking for fun and educational activities for your kids this winter? Hannah and Friends Winter Camp is an opportunity for participants to enjoy time with their peers while learning new skills and trying new activities. Camp meets Wednesday – Friday 12:30-5:00pm. Every day, snacks will be served midway through the programming. We ask that all participants please be dressed appropriately for activities inside each day. We will send home notes if special attire is needed, such as for a day with winter activities.

HANNAH & FRIENDS NEIGHBORHOOD 51250 Hollyhock Road South Bend, IN 46637



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### **Program Participant Information**

	First	
Parent/Guardiar	n's Name	
Address		
City	State	Zip
Home Phone	Wo	rk
Cell	Email _	
Emergency Contac	t Name	Phone
Emergency Contac	t Name	Phone
Physician		Phone
Allergies		
Medical Diagnoses	·	
Special Needs		
rcle one: AMBU	LATORY WHEELCHAIR/SELF-PROPELLED	WHEELCHAIR W/ASSISTANCE SCOOTER
rcle one: FEEDS	SELF NEEDS ASSISTANCE W/FEEDING USH	ES FEEDING TUBE NO LIQUIDS THICKENED LIQUID
	TS SELF NEEDS ASSISTANCE WITH TOILE	
ircle one: IS FINE	E IN A GROUP SETTING NEEDS 1-1 A	ASSISTANCE
your child needs 1-1 A	Assistance, will you be sending someone to	accompany: YES NO
rcle ALL risks that ap	ply: CHOKING FALLING SEIZURE	ELOPEMENT (LEAVING AREA W/OUT PERMISSION)
ehavioral concerns: _		······
ther Notes:		
eferred to Hannah & I	Friends by:	
annah & Friends fami	lies can receive 10% off program registr	ration for one semester, for each family they refe
nive permission for	Hannah & Erianda to soal amarga	ncy medical treatment if deemed necessary
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## FALL 2017 - PROGRAMS AND ACTIVITIES

Cooking & Nutrition (Mondays) Location: Eck Rec Center (\$10 per class)	\$70
Art Class (Mondays) Location: Eck Rec Center (\$5 per class)	\$35
Game Time (Tuesdays) Location: Eck Rec Center (\$5 per class)	\$70
Music & Movement (Tuesdays) Location: Eck Rec Center (\$5 per class)	\$70
Girls Night (Wednesdays) Location: Eck Rec Center (\$10 per session)	\$40
Party Pals (Wednesdays) Location: Eck Rec Center (\$10 per session)	\$40
Animal Club (Thursdays) Location: Archer Family Equine Center (\$5 per class)	\$40
Co-ed Basketball (Thursdays) Location: Teddy's Activity Center (\$5 per class)	\$65
Karaoke (Fridays) Location: Eck Rec Center (\$10 per session)	\$40
Dances (Saturdays) Location: Eck Rec Center (\$10 per session)	\$40
Winter Camp (January 3 <sup>rd</sup> , 4 <sup>th</sup> & 5th) <i>Location: Teddy's Activity center</i> (\$25 per day)	\$75

FALL PAYMENT INFORMATION	ΤΟΤΑL
PLEASE APPLY THIS TO OUR GRANT	
I HAVE ENCLOSED A CHECK FOR \$	(Please make payable to Hannah & Friends Neighborhood)
Please charge my credit card	Visa MasterCard Amex Discover
Card #	EXPIRATION DATE
Print	Signature

TO PAY WITH CREDIT CARD THROUGH PAYPAL PLEASE VISIT WWW.HANNAHANDFRIENDS.ORG

### Hannah & Friends Waiver and Release

I and / or We (collectively "I"), \_\_\_\_\_\_\_, as legal guardian and representative for \_\_\_\_\_\_, individually as the Participant, have requested that Participant participate in various activities associated with Hannah & Friends Neighborhood Inc. and Hannah and Friends, Inc. (collectively, "Hannah & Friends"). These activities include without limitation: 2017-2018 Programs and Activities (8/01/2017-12/31/2018) this includes Winter Camp, Spring Break Camp, Summer Camp, Summer Clubs, Music & Movement, Cooking, Art, Book Club, Crafts, Drums Alive, Animal Club, Girls' Night, Guys' Night, Choir, Zumba, Game Time, Karaoke, Dances, Wagon Rides, Day Program and other programs/activities taking place at 51250 Hollyhock Road South Bend, IN 46637 or as part of Hannah & Friends events. I understand and acknowledge that Participant is not required to participate in the above-referenced activities and that such participation is wholly voluntary.

In consideration of and for Participant's participation in the activities, the receipt and sufficiency of such consideration is hereby acknowledged, I hereby agree as follows:

- Individually and on behalf of Participant, I release and forever discharge the NFP and its employees, agents, servants, officers, directors, trustees, and representatives (in their official and individual capacities) from any and all liability whatsoever for any and all damages, losses or injuries (including death) to persons or property or both, including but not limited to any claims, demands, actions, causes of action, damages, costs, expenses and / or attorney fees, which arise out of, or occur during, or result from Participant's participation in the Activities.
- Individually and on behalf of Participant, I hereby indemnify, defend and hold harmless the NFP and its employees, agents, servants, officers, directors, trustees, and representatives (in their official and individual capacities) from any and all liability whatsoever for any and all damages, losses or injuries (including death) to persons or property or both, including but not limited to any claims, demands, actions, causes of action, damages, costs, expenses and / or attorney fees, which arise out of, or occur during, or result from Participant's participation in the Activities.
- I agree that this Waiver, Release and Indemnification Agreement is intended to be as broad and inclusive as permitted by the laws of the State of Indiana, and that if any portion hereof is held invalid, the balance hereof shall, notwithstanding, continue in full legal force and effect.
- I hereby acknowledge and accept that there are certain risks, including bodily injury and death that could result from participation in the aforementioned Activities. I have knowingly and voluntarily decided to assume the risk of these inherent dangers in consideration of the NFP's permission to allow participation in such activities.
- I give permission for the NFP to seek emergency medical treatment if deemed necessary
- In signing this Waiver, Release and Indemnification Agreement, I hereby acknowledge and represent that I have read this entire document, that I understand its terms and provisions, that by signing it I am giving up substantial legal rights and those of my the Participant, and that I have signed it knowingly and voluntarily.

Participant name (printed):	
Parent/Guardian name (printed):	
(j) participant is ander age 18)	
	Data

\_Date: \_\_\_

#### Hannah & Friends Photo and Artwork Release

I hereby give permission to Hannah & Friends Neighborhood, Inc and Hannah and Friends, Inc (collectively, "Hannah & Friends") to use my/my child's name, likeness, image, voice, and/or appearance as such may be embodied in any pictures, photos, video recordings, audiotapes, digital images, and the like, taken or made on behalf of Hannah & Friend. I agree that Hannah & Friends has complete ownership of such pictures, etc., including the entire copyright, and may use them for any purpose consistent with the Hannah & Friends mission. These uses include, but are not limited to illustrations, bulletins, exhibitions, videotapes, reprints, reproductions, publications, advertisements, and any promotional or educational materials in any medium now known or later developed, including the Internet. I acknowledge that I will not receive any compensation, etc for the use of such pictures, etc., and hereby release Hannah & Friends and its agents and assigns from any and all claims which arise out of or are in any way connected with such use.

I give my consent to Hannah & Friends to use my name and likeness to promote the program, its fiscal agent, and/or their activities.

I hereby give permission to Hannah & Friends to reproduce my/my child's artwork, and to use such artwork to make derivative work.

I agree that Hannah & Friends may, in its sole discretion use my/my child's artwork, images of this artwork, or any derivative work created there from for the purpose of raising funds for Hannah & Friends and related causes, and I understand that my child (nor I, if signing as a guardian) will not be entitled to receive any compensation or other benefit for such use. I hereby release Hannah & Friends from any claim of any kind which may arise from the use of such artwork.

I agree that Hannah & Friends may use, reproduce, and/or publish images and/or video that may pertain to me/my child – including my/my child's image, likeness and/or voice without compensation. I understand that this material may be used in various publications for any lawful purpose, which can include publicity, illustration, advertising, and Web content. I also consent that my/my child's name may be revealed therein or by descriptive text or commentary.

I have read and understand the above:

Participant name (printed):

Parent/Guardian name (printed): \_\_\_\_\_ (if participant is under age 18)

Signature: Date: (Legal parent or quardian if participant is under age 18)

# September 2017

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
*Aug. 26- Dance					1	2
3	4 OFFICE CLOSED LABOR DAY	5 4:30-5:30 Game Time 6-7 Music &	6	7 4:30-5:30 Animal Club 6-7 Basketball	8	9
10	11 6-7 Art Class	12 4:30-5:30 Game Time 6-7 Music &	13 5:30-7:30 Girls Night	14 4:30-5:30 Animal Club 6-7 Basketball	15	16
17	18 5:30-7:30 Cooking	19 4:30-5:30 Game Time 6-7 Music &	20	21 4:30-5:30 Animal Club 6-7 Basketball	<b>22</b> 5:30-7:30 Karaoke	23
24	25 6-7 Art Class	26 4:30-5:30 Game Time 6-7 Music &	27 5:30-7:30 Party Pals	28 4:30-5:30 Animal Club 6-7 Basketball	29	30

## October 2017

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1	2 5:30-7:30 Cooking	3 4:30-5:30 Game Time 6-7 Music &	4	5 4:30-5:30 Animal Club 6-7 Basketball	6	7 5:30-7:30 Dance
8	9 6-7 Art Class	10 4:30-5:30 Game Time 6-7 Music &	11 5:30-7:30 Girls Night	12 4:30-5:30 Animal Club 6-7 Basketball	13	14
15	16 5:30-7:30 Cooking	17 4:30-5:30 Game Time 6-7 Music &	18	19 4:30-5:30 Animal Club 6-7 Basketball	20 5:30-7:30 Halloween Karaoke	21
22 Pumpkin Patch Chili Cook-Off Party 4-7pm	23 6-7 Art Class	24 4:30-5:30 Game Time 6-7 Music &	25 5:30-7:30 Party Pals	26 4:30-5:30 Animal Club 6-7 Basketball	27	28
29	30 5:30-7:30 Cooking	31 4:30-5:30 Game Time 6-7 Music &				

## November 2017

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
			1	2 6-7 Basketball	3	4
5	6 6-7 Art Class	7 4:30-5:30 Game Time 6-7 Music &	8 5:30-7:30 Girls Night	9 6-7 Basketball	10	11 5:30-7:30 Dance
12	13 5:30-7:30 Cooking	14 4:30-5:30 Game Time 6-7 Music &	15	16 6-7 Basketball	17 5:30-7:30 Karaoke	18
19	20 6-7 Art Class	21 Thanksgiving Potluck 5:30-7pm	22	23 OFFICE CLOSED	24 OFFICE CLOSED	25
26	27 5:30-7:30 Cooking	28 4:30-5:30 Game Time 6-7 Music &	29 5:30-7:30 Party Pals	30 6-7 Basketball		

## December 2017

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
					1	2 5:30-7:30 Dance
3	4 6-7 Art Class	5 4:30-5:30 Game Time 6-7 Music &	6 5:30-7:30 Girls Night	7 6-7 Basketball	<b>8</b> 5:30-7:30 Karaoke	9
10	11 5:30-7:30 Cooking	12 4:30-5:30 Game Time 6-7 Music &	13 5:30-7:30 Party Pals	14 showcase- tbd	15 showcase-tbd	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30
31						