



December 16, 2011

Dear Parents,

51250 Hollyhock Road
South Bend, IN 46637
www.hannahandfriends.org

Thank you to everyone who was involved with Fall Programs. We had a great session of activities and we are looking forward to what 2012 will bring. Enclosed are the details for our upcoming activities in 2012. Please read through the notes below and take a look at the program descriptions to see what fun and educational activities are being offered this session!

Space is limited in each program, so we ask that you please submit your registration form and payment as soon as possible to secure a spot. We highly encourage parents to submit the registration forms and payment **ASAP**. Programs will be filled on a first come, first serve basis. For questions about availability, please contact Katie.

All participants must be registered for a program in order to attend. Programs have size restrictions and in order for us to adequately staff each activity, we must know who is attending ahead of time. We ask that you please fill out and submit the Registration Packet, along with your payment, prior to the start of programs.

In order to ensure the safety of our program participants, we require that individuals who need 1-on-1 assistance to please come with a guardian or aide.

During Spring Break, we will open up Day Program for interested participants. If your child is interested in joining Day Program during the week of Spring Break, please see the payment sheet for the "Spring Break Day Program" option.

IMPORTANT DATES:

January 23, 2012 – Winter/Spring Programs Start

April 2-5, 2012 – Spring Break Day Program

REGISTRATION CHECKLIST:

_____	Program Participant Information Sheet	_____	Payment
_____	Winter/Spring Program Sheet	_____	Waiver

If you have any questions of concerns, please feel welcome to contact me at 574-217-7860 x5 or Katie@hannahandfriends.org.

Sincerely,
Katie Teitgen



Program Descriptions

DAY PROGRAM

Our day program will be an opportunity to blend functional living skills with socialization, fitness, responsibility, and awareness of the world in which we live. We will explore, discuss, and record current events. Each day, after lunch, we will focus on a program called "Walk a Mile in My Shoes." Some famous, and some not so famous, individuals living with a disability will be introduced to our day programmers. Video clips, memoirs, newspaper clippings, or news coverage will be used to allow our participants to see not only the *hero* that these individuals have become, but to realize the *hero* that dwells within each one of them. After this discussion, we will head outside to walk a mile on our beautiful forty acres! Of course, as our fitness and determination to live as a hero increases, so will our miles! The remainder of our afternoon will be spent on a variety of activities that will be introduced over time. These activities will include cooking, household duties, "Manners Matter," some games and discussion involving etiquette and proper ways to show respect to each other, "Money Matters," simple methods of banking, or handling of personal funds, occasional crafts, YouTube experiences introducing Hannah and Friends to the world, a book club, games, and an occasional movie matinee! Plenty to do and plenty of time to have fun! Hannah and Friends is a haven for heroes; come and be one of them!

Hannah and Friends asks that individuals requiring 1-on-1 assistance please attend with an aide. Participants arriving at 12:00 are asked to bring a lunch with them. *The Game Time* activity is included in Day Program- participants signed up for Day Program on Thursdays between 3-4pm will also be participating in Game Time.

Location: Entwistle Family Home

Cost: \$7 per hour (Discount will be given to participants prepaying in full. Please see registration form for details)

Dates: Mondays, Tuesday, Wednesdays, Thursdays 12:00pm-5:00pm

COOKING

Join us as we make fun and exciting meals! Each session participants will make a dinner to eat that evening. Cooking provides participants with an opportunity to learn about the kitchen and get hands on experience making delicious meals. We will also have a visit from a dietician to teach us about nutrition, portion control and healthy food options.

Location: Eck Rec Center

Cost: \$50 (\$10 per class)

Dates: Mondays 5:00-6:30pm (1/30, 2/27, 3/26, 4/30, 5/21)

ART

Art allows each participant to express themselves in different ways. It allows them to explore their individual creativity. This is a class to explore the arts. An experience of using different mediums to discover your loved ones creative spirit. Painting, drawing, and fun, with a focus on self expression. Expressive art allows participants to discover new and hidden talents. It gives individuals a sense of joy and pride once the product is completed. Please join Kathy Coleman, graphic designer and artist for over 30 years, in this opportunity to express yourself through art!

Location: Eck Rec Center

Cost: \$65 (\$5 per class)

Dates: Mondays 5:30pm – 6:30pm (1/23, 2/6, 2/13, 2/20, 3/5, 3/12, 3/19, 4/2, 4/9, 4/16, 4/23, 5/7, 5/14)

BOOK CLUB

Book Club will be an opportunity to use our library, read independently, or to one another, or just listen to a good book being read aloud. We will, of course, have our own discussion when a book is read aloud. Our fluent readers will also have an opportunity to record a book on a CD so that our library may include "audio books." So move over, Oprah! Hannah and Friends Book Club will be alive and well on Hollyhock Road!

Location: Entwistle Family Home

Cost: \$90 (\$5 per class)

Dates: Tuesdays 11:00am – 12:00pm (1/24, 1/31, 2/7, 2/14, 2/21, 2/28, 3/6, 3/13, 3/20, 3/27, 4/3, 4/10, 4/17, 4/24, 5/1, 5/8, 5/15, 5/22)

MUSIC & MOVEMENT

Join your friends and local artist, Mike Smith, to engage in the art of Creative Movement and Music. Mike has been playing and performing for over 40 years. Creative Movement is a joyful way for everyone to explore movement through music, develop physical skills, channel energy and stimulate imagination. Creative Movement provides opportunities for noncompetitive, success-oriented and fun-filled experiences.

Location: Eck Rec Center

Cost: \$45 (\$5 per class)

Dates: Tuesdays 6:00pm – 7:00pm (1/31, 2/14, 2/28, 3/13, 3/27, 4/10, 4/24, 5/8, 5/22)

YOGA

In this activity, participants will explore the basics of yoga. Yoga helps youth develop physical awareness and coordination, develop focus, self-control and self-confidence, and enable participants to slow down and center.

Location: Eck Rec Center

Cost: \$25 (\$5 per class)

Dates: Tuesdays 6:00pm – 7:00pm (1/24, 2/21, 3/20, 4/17, 5/15)

GAME TIME

Board games, card games, BINGO, and Wii! Playing games allows participants the chance to not only have fun and win prizes, but also to interact with their peers and practice good sportsmanship and social skills.

Location: Entwistle Family Home

Cost: \$90 (\$5 per class)

Dates: Thursdays 3:00pm – 4:00pm (1/26, 2/2, 2/9, 2/16, 2/23, 3/1, 3/8, 3/15, 3/22, 3/29, 4/5, 4/12, 4/19, 4/26, 5/3, 5/10, 5/17, 5/24)

ANIMAL CLUB

Animal Club provides a unique opportunity for children and adults with special needs to interact with, feed and build relationships with the animals. Participants will water, feed, and groom the animals. Animals provide a constant source of comfort and focus for attention. Animals bring out our nurturing instinct and they also make us feel safe and unconditionally accepted! Come join Barn Manager Wes Ward as he teaches us about the animals here at Hannah and Friends!

***Animal Club will not begin until after Easter due to the cold weather.**

**If you are interested in private grooming and therapy sessions with the animals, please contact Katie Teitgen (Katie@hannahandfriends.org or 574-217-7860 x5) for scheduling. The rates for personalized 45-minute sessions are \$10 for 1 individual and \$15 for 2 individuals.

Location: The Archer Family Equine Center

Cost: \$35 (\$5 per class)

Dates: Thursdays 4:00pm – 5:00pm (4/12, 4/19, 4/26, 5/3, 5/10, 5/17, 5/24)

CRAFT WORKSHOP

Get your creative juices flowing and join us in a craft workshop. It is an opportunity for participants to create seasonal crafts to share with their families.

Location: Eck Rec Center

Cost: \$25 (\$5 per class)

Dates: Thursdays 5:00pm – 6:00pm (1/26, 2/9, 3/8, 4/12, 5/17)

ZUMBA

Zumba is an aerobic activity that combines high energy and motivating music with unique moves that allow the participants to dance away their worries. It is based on the principle that a workout should be 'FUN AND EASY TO DO' in order for participants to stick to the Zumba fitness program to achieve long-term health benefits. Zumba is not only great for the body, but it is also great for the mind. It is a 'feel happy' workout led by a Certified Zumba instructor.

Location: Eck Rec Center

Cost: \$25 (\$5 per class)

Dates: Fridays 4:30pm – 5:30pm (1/27, 2/17, 3/23, 4/20, 5/18)

KARAOKE

Join us for an evening of karaoke at Club CopakaHannah. Karaoke night provides an atmosphere of social interaction. It is an opportunity to help the participants become aware of their feelings and the natural world around them by stimulating their imagination and any nervous energy can be lost in the flow of the music. Participants can send in song requests prior to each karaoke night and DJ Mike will have it ready for you! Pizza and drinks will be served.

Location: Eck Rec Center

Cost: \$40 (\$10 per session) (Parents/aides: \$3 per session to cover pizza cost)

Dates: Fridays 5:30pm – 7:30pm (2/10, 3/2, 4/13, 5/4)

DANCES

Join your friends and DJ Mike for monthly dance parties at Hannah & Friends! All dances are located in the Eck Rec Center.

Saturday, January 28th, February 18th and March 24th

4:00pm-5:00pm Ages 15 & Under: \$5 per person, includes light snacks (Parents/aides: Free)

5:30pm-7:30pm Ages 16 & Older: \$10 per person, includes food and drink (Parents/aides: \$3 per dance to cover pizza cost)

Saturday, April 21st and May 19th

4:00pm-5:00pm Ages 15 & Under: \$5 per person, includes light snacks (Parents/aides: Free)

5:00pm-5:30pm Wagon Rides: \$2 per ride **Wagon rides are weather dependent*

5:30pm-7:30pm Ages 16 & Older: \$10 per person, includes food and drink (Parents/aides: \$3 per dance to cover pizza cost)

SPRING BREAK DAY PROGRAM

All participants are invited to sign up for Day Program during Spring Break, April 2-5.

As a reminder, **Hannah and Friends asks that individuals requiring 1-on-1 assistance please attend with an aide.**

Participants are asked to bring a lunch with them.

Location: Entwistle Family Home

Cost: \$35 per day (\$7 per hour)

Dates: April 2, 3, 4 and 5, 12:00pm – 5:00pm

REMINDER: Space is limited; please submit your registration ASAP.

RETURN COMPLETED FORM TO:

HANNAH & FRIENDS NEIGHBORHOOD
51250 Hollyhock Road
South Bend, IN 46637



Program Participant Information

Last _____ First _____ Date of Birth _____

Parent/Guardian's Name _____

Address _____

City _____ State _____ Zip _____

Home Phone _____ Work _____

Cell _____ Email _____

Emergency Contact Name _____ Phone _____

Emergency Contact Name _____ Phone _____

Physician _____ Phone _____

Allergies _____

Medical Diagnoses _____

Medications & Dosage _____

Food Restrictions _____

Special Needs _____

Circle one: AMBULATORY WHEELCHAIR/SELF-PROPELLED WHEELCHAIR W/ASSISTANCE SCOOTER

Circle one: FEEDS SELF NEEDS ASSISTANCE W/FEEDING USES FEEDING TUBE NO LIQUIDS THICKENED LIQUIDS

Circle one: TOILETS SELF NEEDS ASSISTANCE WITH TOILETING

Circle one: IS FINE IN A GROUP SETTING NEEDS 1-1 ASSISTANCE

If your child needs 1-1 Assistance, will you be sending someone to accompany: YES NO

Circle ALL risks that apply: CHOKING FALLING SEIZURE ELOPEMENT (LEAVING AREA W/OUT PERMISSION)

Behavioral concerns: _____

Other Notes: _____

I give permission for Hannah & Friends to seek emergency medical treatment if deemed necessary.

Hold Harmless Statement

I understand that my participation and/or that of my loved one in activities at Hannah & Friends Neighborhood is purely voluntary and I agree to release, discharge and hold Hannah & Friends Inc. and Hannah & Friends Neighborhood harmless for any and all liability for any injuries including death which I or my loved one might sustain while participating in such activities. I further agree to fully indemnify Hannah & Friends Inc. and Hannah & Friends Neighborhood for any and all costs related to any such claim including reasonable attorney fees. Permission is granted to Hannah & Friends Inc., Hannah & Friends Neighborhood and its representatives to photograph, film, or videotape/audiotape participants to use, publish and release for publication of these materials as they relate to program activities. The name of such persons in these materials may be used in connection with the above, with the understanding there will be no exploitation of the participant and that any materials used will conform to standard of good taste.

Printed Name _____ Signature _____ Date _____

WINTER/SPRING 2012 - PROGRAMS AND ACTIVITIES

Winter/Spring PASS This pass allows for participation in any of the programs & activities listed below, including dances. We ask that you please register for the Activity Pass ASAP. (Excludes Day Programs and Personalized Animal Club Sessions)	\$500 <input type="checkbox"/>
Cooking (Mondays) <i>Location: Eck Rec Center (\$10 per class)</i>	\$50 <input type="checkbox"/>
Art (Mondays) <i>Location: Eck Rec Center (\$5 per class)</i>	\$65 <input type="checkbox"/>
Book Club (Tuesdays) <i>Location: Weis Family Learning Center (\$5 per class)</i>	\$90 <input type="checkbox"/>
Music and Movement (Tuesdays) <i>Location: Eck Rec Center (\$5 per class)</i>	\$45 <input type="checkbox"/>
Yoga (Tuesdays) <i>Location: Eck Rec Center (\$5 per class)</i>	\$25 <input type="checkbox"/>
Game Time (Thursdays) <i>Location: Entwistle Family Home (\$5 per class)</i>	\$90 <input type="checkbox"/>
Animal Club (Thursdays) <i>Location: Archer Family Equine Center (\$5 per class)</i>	\$35 <input type="checkbox"/>
Craft Workshop (Thursdays) <i>Location: Eck Rec Center (\$5 per class)</i>	\$25 <input type="checkbox"/>
Zumba (Fridays) <i>Location: Eck Rec Center (\$5 per class)</i>	\$25 <input type="checkbox"/>
Karaoke (Fridays) <i>Location: Eck Rec Center (\$10 per session)</i>	\$40 <input type="checkbox"/>

DANCE: Saturday, January 28th <i>Location: Eck Rec Center</i>	Ages 15 & Under	\$5 <input type="checkbox"/>
	Ages 16 & Over	\$10 <input type="checkbox"/>
DANCE: Saturday, February 18th <i>Location: Eck Rec Center</i>	Ages 15 & Under	\$5 <input type="checkbox"/>
	Ages 16 & Over	\$10 <input type="checkbox"/>
DANCE: Saturday, March 24th <i>Location: Eck Rec Center</i>	Ages 15 & Under	\$5 <input type="checkbox"/>
	Ages 16 & Over	\$10 <input type="checkbox"/>
DANCE: Saturday, April 21st <i>Location: Eck Rec Center</i>	Ages 15 & Under	\$5 <input type="checkbox"/>
	Wagon Ride	\$2 <input type="checkbox"/>
	Ages 16 & Over	\$10 <input type="checkbox"/>
DANCE: Saturday, May 19th <i>Location: Eck Rec Center</i>	Ages 15 & Under	\$5 <input type="checkbox"/>
	Wagon Ride	\$2 <input type="checkbox"/>
	Ages 16 & Over	\$10 <input type="checkbox"/>

Day Program <i>Location: Entwistle Family Home</i>		Due By
If the participant will not be attending a full week or day, please specify on this form the exact days/hours they will be attending. We ask that payment be submitted monthly, or there is also a prepay option available.		
January (1/23, 1/24, 1/25, 1/26, 1/30, 1/31)	\$210 <input type="checkbox"/>	Jan 23 rd
February (2/1, 2/2, 2/6, 2/7, 2/8, 2/9, 2/13, 2/14, 2/15, 2/16, 2/20, 2/21, 2/22, 2/23, 2/27, 2/28, 2/29)	\$595 <input type="checkbox"/>	Feb 1 st
March (3/1, 3/5, 3/6, 3/7, 3/8, 3/12, 3/13, 3/14, 3/15, 3/19, 3/20, 3/21, 3/22, 3/26, 3/27, 3/28, 3/29)	\$595 <input type="checkbox"/>	Mar 1 st
April (4/2, 4/3, 4/4, 4/5, 4/9, 4/10, 4/11, 4/12, 4/16, 4/17, 4/18, 4/19, 4/23, 4/25, 4/25, 4/26, 4/30)	\$595 <input type="checkbox"/>	Apr 2 nd
May (5/1, 5/2, 5/3, 5/7, 5/8, 5/9, 5/10, 5/14, 5/15, 5/16, 5/17, 5/21, 5/22, 5/23, 5/24)	\$525 <input type="checkbox"/>	May 1 st
Prepay Option: If prepaid in full by Jan 23 rd , the discounted price is:	\$2400 <input type="checkbox"/>	Jan 23 rd

Spring Break Day Program <i>Location: Entwistle Family Home</i>		Due By
Monday, April 2nd (12:00-5:00pm)	\$35 <input type="checkbox"/>	Mar 23 rd
Tuesday, April 3rd (12:00-5:00pm)	\$35 <input type="checkbox"/>	Mar 23 rd
Wednesday, April 4th (12:00-5:00pm)	\$35 <input type="checkbox"/>	Mar 23 rd
Thursday, April 5th (12:00-5:00pm)	\$35 <input type="checkbox"/>	Mar 23 rd

WINTER/SPRING PAYMENT INFORMATION

WINTER/SPRING	<input type="text"/>
REGISTRATION FEE*	+ \$6
TOTAL	<input type="text"/>

*The Registration Fee is a **One-Time Required Registration Fee** that includes photo ID badge with safety/emergency contact information. **If you participated in 2011 Programs you are not required to pay the registration fee again.**

I HAVE ENCLOSED A CHECK FOR \$ _____. (PLEASE MAKE PAYABLE TO HANNAH & FRIENDS NEIGHBORHOOD)

PLEASE CHARGE MY CREDIT CARD VISA MASTERCARD AMEX DISCOVER

CARD # _____ EXPIRATION DATE _____

PRINT _____ SIGNATURE _____

**REMINDER: Space is limited, please submit your registration form ASAP.
Payment is required to secure your spot.**

Please contact Katie with any questions: Katie@hannahandfriends.org or 574-217-7860 x5.

WAIVER, RELEASE AND INDEMNIFICATION AGREEMENT

I and / or We (collectively "I"), _____, as legal guardian and representative for _____ ("Participant"), and _____, individually as the Participant, have requested that Participant participate in various activities associated with Hannah & Friends Neighborhood Inc. (the "NFP"). These activities include without limitation: 2012 Programs and Activities (1/01/2012-12/31/2012) this includes Day Program, Music & Movement, Cooking, Art, Book Club, Crafts, Drums Alive, Animal Club, Choir, Zumba, Game Time, Karaoke, Dances, Wagon Rides, Winter Camp and other programs/activities taking place at 51250 Hollyhock Road South Bend, IN 46637. I understand and acknowledge that Participant is not required to participate in the above-referenced activities and that such participation is wholly voluntary.

In consideration of and for Participant's participation in the activities, the receipt and sufficiency of such consideration is hereby acknowledged, I hereby agree as follows:

1. Individually and on behalf of Participant, I release and forever discharge the NFP and its employees, agents, servants, officers, directors, trustees, and representatives (in their official and individual capacities) from any and all liability whatsoever for any and all damages, losses or injuries (including death) to persons or property or both, including but not limited to any claims, demands, actions, causes of action, damages, costs, expenses and / or attorney fees, which arise out of, or occur during, or result from Participant's participation in the Activities.
2. Individually and on behalf of Participant, I hereby indemnify, defend and hold harmless the NFP and its employees, agents, servants, officers, directors, trustees, and representatives (in their official and individual capacities) from any and all liability whatsoever for any and all damages, losses or injuries (including death) to persons or property or both, including but not limited to any claims, demands, actions, causes of action, damages, costs, expenses and / or attorney fees, which arise out of, or occur during, or result from Participant's participation in the Activities.
3. I agree that this Waiver, Release and Indemnification Agreement is intended to be as broad and inclusive as permitted by the laws of the State of Indiana, and that if any portion hereof is held invalid, the balance hereof shall, notwithstanding, continue in full legal force and effect.
4. I hereby acknowledge and accept that there are certain risks, including bodily injury and death that could result from participation in the aforementioned Activities. I have knowingly and voluntarily decided to assume the risk of these inherent dangers in consideration of the NFP's permission to allow participation in such activities.
5. In signing this Waiver, Release and Indemnification Agreement, I hereby acknowledge and represent that I have read this entire document, that I understand its terms and provisions, that by signing it I am giving up substantial legal rights and those of my the Participant, and that I have signed it knowingly and voluntarily.

Signature of Guardian	Printed Name	Date
Signature of Participant	Printed Name	Date