



Program Dates

Circle the dates you are signing up for and contact April to make arrangements for the Animal Club.
Scholarships are available upon request.

DRUMS ALIVE COST: \$3.00 per Session

Ages 5-21 5:00 PM-6:00 PM

8/10, 8/24, 9/14, 9/28, 10/12, 10/26, 11/9, 11/23 & 12/7

22 & Up 10:00 AM-11:00 AM

7/31, 8/14, 8/28, 9/11, 9/25, 10/9, 10/23, 11/6, 11/20, & 12/4

YOGA COST: \$3.00 per Session

Tuesdays, 4:00 PM-5:00 PM

7/28, 8/4, 8/11, 8/25, 9/1, 9/8, 9/22, 9/29, 10/6, 10/13, 10/27, 11/3, 11/10, 11/24, 12/1 & 12/8

MUSIC & MOVEMENT COST: \$3.00 per Session

Tuesdays, 5:00 PM-6:00 PM

7/28, 8/4, 8/11, 8/25, 9/1, 9/8, 9/22, 9/29, 10/6, 10/13, 10/27, 11/3, 11/10, 11/24, 12/1 & 12/8

CULINARY ARTS COST: \$3.00 per Session

12 & Under 5:00 PM-7:00 PM

8/5, 9/2, 10/7, 11/4, & 12/2

13-21 5:00 PM-7:00 PM

8/26, 9/23, 10/21, 11/18, & 12/9

BOOK CLUB

Mondays 1:00 AM-2:00 PM

9/14, 9/28, 10/12, 10/26, 11/9, 11/23 & 12/7

ANIMAL CLUB

Every Tuesday and Friday

8:00 AM-9:30 AM & 4:00 PM-5:00 PM

GARDEN CLUB

Thursdays 1:00 PM-2:00 PM

8/6, 8/13, 8/20, 8/27, 9/3, 9/10, 9/17, 9/24, 10/1, 10/8, 10/15, 10/22, 10/29 & 11/5

DANCES

Saturdays, 15 & Under 2:00 PM-4:00 PM

16 & Up 5:00 PM-7:00 PM

7/25, 8/8, 9/12, 10/10, 11/14 & 12/12

FOOTBALL FUN

IRISH GAME DAY

AGES 13-21 9/5, 10/3 & 10/24 (3:00 PM)
11/21 (2:00 PM)

AGES 22 & UP 9/19 & 10/17 (3:00 PM)
11/07 (2:00 PM)

NFL GAME DAY 1:00 PM

AGES 13-21 9/20, 10/4, 10/18, 11/1, 11/15,
12/6 & 12/20

AGES 22 & UP 9/13, 9/27, 10/11, 10/25, 11/08,
11/22 & 12/13

BINGO

Wednesdays, 2:00 PM-4:00 PM

8/12, 9/9, 10/14, 11/11 & 12/9

PARENT MEETINGS

Tuesday Evenings 6:30 PM

7/21, 8/18, 9/15, 10/20, 11/17 & 12/15

April Kwiatkowski • Assistant Director of Programs and Farm Operations
Hannah & Friends • 51250 Hollyhock Road, South Bend IN 46637
574.217-7860 x 2 • FAX 574.217-7084



Program Description

DRUMS ALIVE

Join the dynamic movements of aerobic dance with the pulsating rhythms of the drum. It is a unique sensory/motor program that is designed to give the mind and body instant feedback through continuous movement and rhythmical flow.

YOGA

This is a comprehensive program of yoga techniques designed to enhance the natural development of people with special needs. Our style of yoga is gentle, therapeutic and safe for people with different abilities.

MUSIC & MOVEMENT

Join your friends and engage in the art of Creative Movement and Music. Creative Movement is a joyful way for everyone to explore movement through music, develop physical skills, channel energy, stimulate imagination and promote creativity.

CULINARY ARTS

Local chefs will offer their expertise while you design your own signature creations! Mix, spread, stir, decorate, roll, wrap and bake! Decorate aprons, cookie boxes, write recipe cards or start your very own cooking journal. Join us as we create exquisite edible masterpieces.

FOOTBALL FUN

Hang out with your friends and watch the game. We offer a variety of days to chill out in the Eck Recreation Center and watch football with area players. Join us for the Notre Dame Games on Saturdays and NFL on Sundays. Check the calendar for exact dates and times.

GARDEN CLUB

Our goal is to educate and bring delight in organic gardening with projects from start to finish. Members of this club will have the opportunity to see the entire gardening process take place from the seed to the end product. In the future we are planning to have a well established garden and sell the produce to the community.

DANCES

Come and shake your groove thing! Hannah & Friends will host two dances a month. One for each age group: 15 & under and 16 & older. Each dance is two hours long and includes all of your favorite tunes.

BOOK CLUB

Come together with your peers and enjoy a story and share your favorite book. It could be any book from Green Eggs & Ham to Twilight! Whatever it may be let us come together and read! Each session Book Club members will visit the Hannah & Friends Library where members can check out books.

PARENT MEETINGS

Each month Maura Weis gets together with other parents in Michiana. Together they share their stories, ideas and contacts with the group. Parent meetings are held the third Tuesday of each month to be added to the parent meeting list please call the Hannah & Friends office at (574) 217-7860.



Help us get to know you and your loved one so that we can provide the best possible care while attending any Hannah & Friends function.

Name _____ Date of Birth _____

Parent/Guardian's Full Name _____

Full Address _____

City _____ State _____ Zip _____

Home Phone _____ Work _____ Cell _____

Other Emergency Contact Name _____ Phone _____

Allergies _____

Medical Diagnoses _____

Medications & Dosage _____

Food Restrictions _____

Special Needs _____

Circle one: AMBULATORY WHEELCHAIR/SELF-PROPELLED WHEELCHAIR W/ASSISTANCE SCOOTER

Circle one: FEEDS SELF NEEDS ASSISTANCE W/FEEDING USES FEEDING TUBE NO LIQUIDS THICKENED LIQUIDS

Circle one: TOILETS SELF NEEDS ASSISTANCE WITH TOILETING

Circle ALL risks that apply: CHOKING FALLING SEIZURE ELOPEMENT (LEAVING AREA W/OUT PERMISSION)

I give permission for Hannah & Friends to seek emergency medical treatment if deemed necessary.

Hold Harmless Statement

I understand that my participation and/or that of my loved one in activities at Hannah & Friends is purely voluntary and I agree to release, discharge and hold Hannah & Friends harmless for any and all liability for any injuries including death which I or my loved one might sustain while participating in such activities. I further agree to fully indemnify Hannah & Friends for any and all costs related to any such claim including reasonable attorney fees.

Printed Name _____ Signature _____

Date _____ Witness _____